

MONTHLY NEWSLETTER

OCTOBER 2024 | Vol. XXXIV



VISION

"A literate, healthy and self-reliant Community"

MISSION

- *Identify and work with socially and economically backward people, especially girls and differently-abled;**
- *Enhance people's skills, especially of the youth;**
- *Promote community self-reliance through community participation.**

ABOUT NIPUN

"NIPUN" - a Hindi word, meaning 'one who is skilled' - is a Non Government Organization founded by a group of socially conscious development workers in 2005.

Its primary aim is to enhance quality of life of the poor and the vulnerable children, youth and women are its target group, with physically and mentally challenged children and adult forming a priority category. Pre, Non-formal and Remedial Schools, Community Health Programmes and Promotion of Self Help Groups form its major strategies.

- Empanelled by National CSR Hubs of TISS**
- Empanelled by Institute of Corporate Affairs**
- Registered for undertaking CSR activities, Ministry of Corporate Affairs, Govt. of India (Reg no. CSR00004761)**

SUPPORT

You can join our efforts by contributing your time, skills or money for strengthening and improving our programmes. You can also donate computers, books, toys, medicines, ration, furniture etc. for our various programmes. Please note that donations made to NIPUN are eligible for 50% tax exemption under Sec 80G of the IT Act.

HIGHLIGHTS

Community Awareness on Prevention and Treatment of Tuberculosis (TB)

NIPUN, in collaboration with the Delhi T.B. Association, organized an awareness program in West Delhi District. The program aimed to educate the community and contribute to the fight against tuberculosis.

During the session, a resource person from the Delhi T.B. Association discussed the symptoms, causes, prevention, and treatment of tuberculosis.

NIPUN's community volunteers distributed Information, Education, and Communication (IEC) materials to all participants. Sixty (60) women and adolescent girls from the community attended the session, where several questions about tuberculosis were answered during the Q&A segment of the discussion.



Empowering Lives: A Nutritional Celebration for Our Community!

NIPUN organized a sensitization program on the nutritional needs of children, adolescent girls, women, and senior citizens. The event took place at the construction site in Greater Noida, focusing on addressing issues related to malnutrition, particularly among the children of construction workers and their families.

During the session, the importance of nutritious diets, including leafy green vegetables, millets, and grains, was demonstrated. Attendees learned how these foods can help combat malnutrition and improve overall health. The benefits of incorporating these essential nutrients into daily meals were thoroughly explained, emphasizing the well-being of vulnerable communities.



Awareness Swachhta

on

Mahatma Gandhi said "Sanitation is more important than independence".

He made cleanliness and sanitation an integral part of the Gandhian way of living. His dream was total sanitation for all. Cleanliness is most important for physical well-being and a healthy environment. It has bearing on public and personal hygiene.

It is essential for everyone to learn about cleanliness, hygiene, sanitation and the various diseases that are caused due to poor hygienic conditions. The habits learnt at a young age get embedded into one's personality.

A child from the community in Mahatma Gandhi's attire walked in the slum to educate the residents and spread awareness on Swachhta (Importance of Cleanliness and Hygiene).



Celebrating the Spirit of Mahatma Gandhi at NIPUN

On Gandhi Jayanti, we honour the legacy of Mahatma Gandhi—the father of our nation, whose teachings of peace, non-violence, and self-reliance continue to inspire us at NIPUN.

At NIPUN, we are committed to Gandhiji's vision of empowering communities and uplifting the underprivileged.

Whether through education, vocational training, or our health and wellness initiatives, we strive to build a self-reliant society where each individual can contribute to nation-building. On this special day, we rededicate ourselves to the principles of truth, equality, and empowerment. Let's continue to walk the path shown by Bapu and work towards a more inclusive and compassionate world.

'Swachata Campaign' Led by the Transgender Community

We are proud to share the inspiring efforts of the transgender community in leading a 'Swachata Hi Sewa' campaign at the South West District, Delhi.

As part of this initiative, community members took charge of cleaning public spaces, raising awareness about hygiene, and promoting the importance of maintaining a clean environment.

This campaign not only emphasized the significance of cleanliness but also showcased the leadership and active participation of the transgender community in driving social change.

Their dedication and hard work reflect a collective commitment to building a healthier and more inclusive society. We extend our heartfelt gratitude to everyone who contributed to making this event a success. Together, we are creating a cleaner, more inclusive India!



HIGHLIGHTS



Children Sensitized on Handwashing

NIPUN-Swagat Kendra organized a week-long door-to-door awareness campaign for children and their parents living in the slum communities of South West District, focusing on proper handwashing practices. Over 200 children learned that washing hands can help keep us healthy and prevent the spread of respiratory and diarrheal infections. Germs can be transmitted from person to person or from contaminated surfaces when we touch our eyes, nose, or mouth with unwashed hands, prepare or consume food and drinks without washing our hands, or touch contaminated surfaces and objects.

Additionally, germs spread when we blow our nose, cough, or sneeze into our hands and then touch others or common objects. The sessions emphasized the importance of washing hands before eating and after using the toilet.

HIGHLIGHTS



Community Awareness on HIV/AIDS Prevention

NIPUN believes that raising awareness brings about behavioral change among community members regarding HIV/AIDS prevention. The NIPUN team regularly sensitizes migrant populations, laborers, youth, women, and slum dwellers.

In a recent effort, the team organized awareness activities focused on information, education, and communication related to HIV/AIDS prevention, aiming to improve knowledge, attitudes, and behaviors.

Ms. Asha Devi, a Councillor, provided detailed explanations to the attendees on HIV/AIDS prevention and treatment. During the question-and-answer session, the resource person addressed doubts and dispelled myths about HIV/AIDS for all participants.

Thirty (30) key members from the Bengali Camp, JJ Cluster, attended the session and will further disseminate this knowledge on a larger scale.

Celebrating Dussehra at Shiksha Saheli: A Day of Joy and Resilience

"Victory is not merely about winning battles, but about the strength to rise after each setback." In this spirit, our talented children at Shiksha Saheli in South East Delhi organized a vibrant Dussehra celebration, filled with heartfelt gratitude.

Their enchanting performances captivated the audience, spreading joy and warmth throughout the event. Such celebrations are crucial for instilling cultural values and helping children connect with their heritage.

This Dussehra, we witnessed the profound message of triumph: light over darkness and truth over deceit.



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INTERNATIONAL GIRL CHILD DAY



International Day of the Girl Child 2024

International Day of the Girl Child 2024 is observed on October 11 to raise awareness about challenges girls face and to promote their holistic development thereby contributing to empowerment. The NIPUN Empowering Girl Child project is committed to uplifting girls by providing them with education, vocational training, life skills, self-defense training, legal awareness, and financial literacy. Our primary aim is to ensure that no girl in urban poor communities, particularly in slums, is left behind.

This International Day of the Girl Child, let's come together to empower every girl with the education, skills, and opportunities she deserves. When given the freedom to express themselves and the tools to reach their goals, a girl's potential knows no bounds. Let's pledge to support girls worldwide, working towards a brighter and more equitable future for all.

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Bal Panchayat

NIPUN formed a Bal Panchayat—a group of children whose primary focus is to raise awareness in their communities about sanitation, personal health, and hygiene. Through various child-to-child activities, they address issues such as community sanitation, proper garbage disposal, the use of community toilets, the prevention of open defecation, and the elimination of plastic bags from their surroundings.

Recently, a Bal Panchayat meeting was held under a tree at the J.J. Cluster in Bengali Camp, where children and their parents were sensitized to the importance of community sanitation and personal hygiene.

Members of the Bal Panchayat took an oath to create a healthy and safe environment for the entire community.



Promoting Health through Hand Hygiene

Global Handwashing Day is observed every year on October 15th, highlighting the vital role of handwashing with soap as a simple, affordable way to prevent diseases and save lives.

At NIPUN, we are committed to this cause by regularly organizing handwashing sessions across our project locations in Delhi NCR, engaging with children, women, youth, construction workers, the differently abled, and the transgender community. These efforts play a critical role in promoting community health and reducing the spread of infectious diseases.

On this special day, the NIPUN team conducted a series of activities including handwashing demonstrations, workshops, and quiz contests. By promoting proper handwashing practices, we are making a lasting impact in reducing illness and improving overall hygiene in the communities we serve.



HIGHLIGHTS



World Food Day

NIPUN reaffirms its commitment to fighting hunger and malnutrition. Through our Nutrition Supplement Program, we ensure that children from underprivileged backgrounds, including those from daily wage families, receive the essential nutrition they need for their growth and learning.

By providing daily meals like eggs, bananas, and cereals, we combat malnutrition and raise awareness on healthy childcare practices. Let's continue working together to secure a brighter, healthier future for every child!

HIGHLIGHTS



Parent Education on Good Child Care Practices

On 17th October 2024, NIPUN organized a Parent Education program for mothers of preschool children at J.J. Clusters Bengali Camp and surrounding areas. The program aimed to empower parents with the knowledge and skills for good childcare practices within the family environment, where children spend most of their time.

Key topics covered included child growth monitoring, nutritious diets, learning through play, early childhood education, and the importance of stimulation in early years.

Celebrating Karva Chauth with Skill and Tradition

On this special occasion of Karva Chauth, our talented trainees from NIPUN-Umang Vocational Training Center's Beauty & Wellness unit set up Mehndi (Henna) stalls across prominent locations in Nangloi, West Delhi from 16th to 18th October 2024.

A total of 25 trainees showcased their skills, earning a substantial amount while adding beauty to the festivities.

As Rinki, our Beauty & Wellness instructor, says: "Festivals like Karva Chauth and Rakhi give our trainees not only hands-on experience but also a chance to support their families' livelihoods."

A big shoutout to our trainees for their hard work and dedication!



HIGHLIGHTS



Gifting Smiles and Support to Our Community!

Federal Bank Hormis Memorial Foundation (An CSR initiative of The Federal Bank Ltd) supported NIPUN by donating a water dispenser to our project locations in Meera Bagh. The team from The Federal Bank also distributed chocolates, engaging with our children and teachers, and organizing a quiz contest.

DIWALI AT NIPUN



A Heartwarming Diwali Surprise for Our Children

The students of Bosco Public School, Paschim Vihar, New Delhi, brought immense joy to our children with a surprise Diwali drive on 18th October 2024. Forty of their students visited our center, filling the day with fun, laughter, and festive spirit. They interacted with our children, performed lively songs accompanied by instruments like the guitar, and created a warm, musical atmosphere.



In the spirit of spreading Diwali cheer, they generously distributed gifts that included chocolates, toffees, chips, Frooti, diyas, sweets, and more.

Their thoughtful gestures lit up the faces of our children, making it a truly memorable day filled with happiness and togetherness.

Deepotsav 2024 with Team NIPUN!

The NIPUN family came together to joyfully celebrated Deepotsav 2024, the festival of lights! This event was not only a celebration but a reflection on our journey—acknowledging our successes, overcoming challenges, and setting sights on future goals for sustainable growth.

Shri Pradeep Kumar, Founder Secretary, inaugurated the event with the ceremonial lighting of the lamp alongside the NIPUN team.

In his address, he encouraged us to broaden our outreach, elevate the quality of our work, and empower underserved communities to achieve self-reliance. The dedication of individuals and project teams was recognized, particularly in areas like literacy, health, entrepreneurship, youth livelihood, mainstreaming dropouts (especially girls), and promoting awareness of responsibilities and doorstep service delivery to beneficiaries.

NIPUN team members shared their personal successes and challenges, and the Diwali spirit was brightened further as tokens of appreciation were presented to all attendees. Here's to a stronger commitment and continued impact!



Creativity of Children - Rangoli Ke Rang Diwali Ke Sang

This Dantroyodashi, NIPUN organized a vibrant Rangoli-making event across Delhi & NCR project locations. The event brought together enthusiastic young participants, including children of construction workers, street and working children, differently-abled individuals, and girls.

Rangoli, a beautiful tradition of Diwali, filled the occasion with a festive glow beyond lights. Our talented beneficiaries expressed their creativity using flowers, colors, diyas, glitters, and unique decorative elements, making their artwork truly shine!

Swipe to see the colorful glimpses of their artistic endeavors!



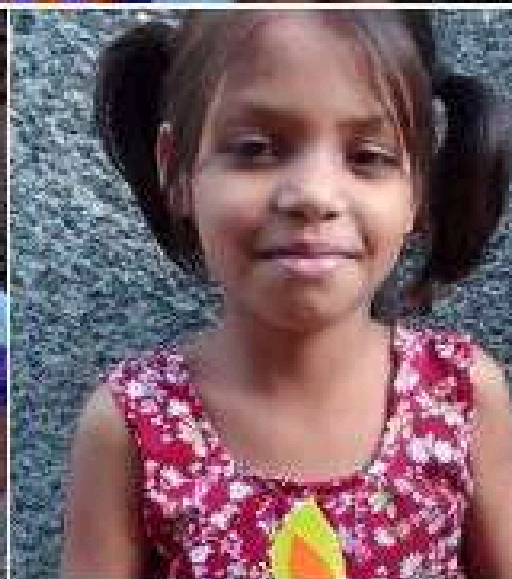
Young Entrepreneurs Educated in Business Skills at Navrang Utsav 2024!

NIPUN - Umang Vocational Training Centre recently hosted the 7th Navrang Utsav, where trainees from Self-Employed Tailoring, Beauty and Wellness, Basic Computer, and Tally and Accounting courses came together in a vibrant celebration of skills and culture.

This event not only celebrated cultural diversity through colorful performances but also empowered these budding entrepreneurs with essential business and entrepreneurial skills. After completing their training, many have begun careers with BPOs, retail stores, boutiques, and beauty salons, while some are even launching their own ventures.

To mark Diwali, trainees set up stalls featuring handmade products like rangolis, diyas, and clothing, gaining firsthand experience in business and marketing. NIPUN proudly congratulates these enterprising individuals and shared insights on government support for start-ups, Mudra loans, and MSME schemes by the Government of India.

DIWALI AT NIPUN



Art & Craft Workshop

NIPUN conducted art and craft workshops across project locations in Delhi and NCR with children from construction worker communities and slums on the auspicious occasion of Diwali 2024.

During the workshop, the children crafted beautiful and colorful lanterns, which they placed in front of their homes.

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NIPUN's Kids Celebrate the Festival of Lights - Diwali

Diwali, the 'festival of lights,' was celebrated by the beneficiaries of NIPUN's Pre-School, Bridge Course, and Remedial Education Centers. During the celebration, children performed colorful cultural activities with enthusiasm and exchanged festive greetings. The NIPUN management team distributed gifts and sweets to all the children.

HIGHLIGHTS

Partnering to Eradicate Hunger and Improve Lives!

We are thrilled to announce that Feeding India, a nonprofit dedicated to eradicating hunger and improving malnutrition outcomes, is supporting NIPUN at our South West Delhi project location!

Thanks to their generous support, more than 100 children from underprivileged backgrounds are receiving nutritious three-course meals daily (breakfast, lunch, and snacks). This partnership is helping us reduce malnutrition and improve the health of our community's children, empowering them to focus on their education!





Riddhi, a 11-year-old first-generation learner, struggled academically before joining NIPUN's remedial classes. Relocated from Rajasthan, her family settled in the Bengali Camp slum in West Delhi 3 years ago, her parents work as daily wage laborers and domestic maid.

With limited support at home, Riddhi found it hard to grasp basic concepts in Math and English, often scoring below 20 marks, which affected her confidence and motivation.

During a community mobilization drive, NIPUN's team saw Riddhi's potential and encouraged her family to enroll her in the remedial education center. Through individualized attention and a focus on foundational concepts,

NIPUN's teachers helped her steadily improve her scores and build effective study habits. The nurturing environment empowered her, fostering both academic growth and self-esteem.

Today, Riddhi is not only achieving higher marks but also approaching her studies with enthusiasm and confidence. Her journey illustrates the transformative impact of NIPUN's supportive educational programs, breaking cycles of disadvantage and empowering children to reach their full potential and Riddhi play a role model for other never been to school or dropped out from school children of her community in motivating them to enroll at NIPUN Education centers.

APPEAL



NIPUN continues its efforts to achieve its vision i.e. literate, healthy and self-reliant Community through its various programmes. Your support shall strengthen the drive.

You can join our efforts by contributing your time, skills or money for strengthening and improving our programmes.

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